# WYCOMBE HEIGHTS

Seasonal Menu



Welcome, we have a wide range of dishes for you to choose from. So whether you'd like a few bites over a few drinks, or a full on meal - we look forward to serving you today...

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### LIGHT BITES



#### NACHOS (V) (GF) 875Kcal £8.50

Topped with melted cheese, jalapeños, red onion, peppers, soured cream, guacamole & salsa

Add Cajun shredded chicken (GF) 377Kcal for an extra £3.00

#### VEGAN NACHOS (VE) (GF) 765Kcal £8.50

Topped with vegan cheese, jalapeños, red onion, peppers, guacamole & salsa

Add 3 bean chilli (VE) 84Kcal £3.00

### MANGO FILLED SMOKED HADDOCK KEDGEREE FISHCAKE 238Kcal £6.25

With salad garnish

CHICKEN YAKITORI SKEWERS 194Kcal £7.50

With salad garnish

## HOT SANDWICHES & PANINIS



All items served with chips & salad garnish

### 60z RUMP STEAK SANDWICH 1012Kcal £15.00

Rump steak topped with caramelised onions & crispy lettuce in a toasted ciabatta

### CLUB SANDWICH 1242Kcal £14.50

Triple-layered sandwich with grilled chicken, bacon, tomato, fried egg, crispy lettuce & mayonnaise

### JUMBO FISH FINGER SANDWICH 1134Kcal £13.50

Battered jumbo fish fingers, baby gem lettuce & tartare sauce in a toasted ciabatta

CAJUN CHICKEN, MOZZARELLA, TOMATO & CHIPOTLE MAYO PANINI 1057Kcal £9.95

BRIE, BACON & CARAMELISED ONION MARMALADE PANINI 1117 Kcal £9.95

MUSHROOM, PEPPERS & MOZZARELLA PANINI (V) 754Kcal £9.25

### SWEET CHILLI BUBBLE PRAWNS 248Kcal £7.50

With sweet chilli dip

### SOUTHERN FRIED MOZZARELLA POPCORN

(V) 461Kcal £7.25

With sweet chilli dip

### **SOUP OF THE DAY £6.75**

Served with bread roll & butter

GARLIC DOUGHBALLS (V) 142Kcal £5.25

#### LOADED CHEESY CHIPS (V) 859Kcal £5.50

Topped with melted cheese, peppers, onions & sweet chilli sauce

CHIPS (V) 519Kcal £4.10

Add cheddar cheese (V) 203Kcal or cheddar cheese & bacon 323Kcal for an extra £2.00

### SANDWICHES



Served on thick cut malted or white bread with crisps & salad garnish. Upgrade crisps to chips for £2.00

### VEGETARIAN CLUB SANDWICH (V) 935Kcal £11.75

Triple-layered sandwich with avocado, buffalo mozzarella, sundried tomato, baby gem lettuce & mayonnaise

PRAWN MARIE ROSE 540Kcal £9.00

CHICKEN, BACON & AVOCADO 1001Kcal £8.75

TUNA MAYONNAISE & CUCUMBER 686Kcal £8.75

**BLT** 689Kcal **£8.50** 

EGG MAYONNAISE & CRESS (V) 734Kcal £8.25

CHEDDAR CHEESE & CHUTNEY (V) 684Kcal £8.00

### SALADS

### **CLASSIC CAESAR SALAD**

**SMALL** 294Kcal **£8.25** / **LARGE** 467Kcal **£12.75**Baby gem lettuce, croutons, parmesan shavings, anchovies & Caesar dressing

Add warm chicken breast 330Kcal, prawns 69Kcal or warm salmon fillet 256Kcal for £3.25

CHICKEN, BACON & AVOCADO SALAD (GF) SMALL 349Kcal £8.00 / LARGE 644Kcal £12.00

### CLASSICS

#### FISH & CHIPS 898Kcal £16.50

Hand battered fillet of haddock served with chips, peas & tartare sauce

#### THAI PENANG CURRY (GF)

Served with Basmati rice and your choice of

Chicken (GF) 939Kcal £15.00 Prawns (GF) 383Kcal £17.00 Vegetables (VE) (GF) 309Kcal £13.00

### QUICHE LORRAINE 942Kcal £13.50

Served with salad

### HAM, EGGS & CHIPS 682Kcal £12.75

British honey roast ham with two fried eggs & chips

### GOLFER'S BRUNCH 932Kcal £11.50

Two rashers of bacon, Heinz baked beans, grilled tomato, Cumberland sausage, fried egg & chips

#### THREE EGG OMELETTE 512Kcal without fillings £9.50

Served with chips & salad & 2 fillings of your choice from:

Cheddar cheese (V) (GF) 82Kcal / tomato (V) (GF) 11Kcal / flat mushrooms (V) (GF) 28Kcal / onion (V) (GF) 40Kcal / British honey roasted ham (GF) 70Kcal

Add an extra filling £2.00

### JACKET POTATO (GF) 209Kcal without filling £8.00

Served with salad garnish & I filling of your choice from:

Tuna mayonnaise (GF) 241 Kcal / baked beans (GF) 111 Kcal / cheddar cheese (GF) 123 Kcal / shredded Cajun chicken (GF) 189Kcal / 3 bean chilli 126Kcal

Add an extra filling £2.45



### BURGERS

Served with chips & relish

#### BACON & CHEESE BURGER 1163Kcal £14.50

Beef burger in a toasted brioche bun with bacon, cheese, baby gem lettuce, mayonnaise, tomato & gherkins

#### CAJUN CHICKEN BURGER 1084Kcal £14.50

Cajun chicken in a toasted brioche bun with baby gem lettuce, mayonnaise, tomato & gherkins

#### VEGAN BURGER (V) (VE) 956Kcal £14.50

Moving Mountain burger in a toasted brioche style bun with vegan cheese, vegan mayonnaise, tomato, red onion & gherkins

#### ADD A TOPPING TO ANY BURGER FOR £2.00

Choose from: bacon 120Kcal / fried egg 90Kcal / crushed avocado (VE) 86Kcal / cheddar cheese (V) 122Kcal

### PIZZA

11" Stonebacked pizzas smothered with tomato sauce and topped with your choice of:

### MARGHERITA (V) 882Kcal £12.00

Topped with Mozzarella

### PEPPERONI 1140Kcal £13.00

Mozzarella & pepperoni

### CAJUN CHICKEN 1096Kcal £13.00

Mozzarella, Cajun chicken, red onions, peppers & jalapeños

### MEAT FEAST 1473Kcal £14.00

Mozzarella, pepperoni, chicken, bacon & sausage

### GARDEN (V) 922Kcal £13.00

Mozzarella, red onions, peppers, tomatoes, mushroom & sweet  $\mbox{corn}$ 

### ADD A TOPPING TO ANY PIZZA FOR £2.00

Choose from: Ham 58Kcal / mozzarella (V) 90Kcal

/ mushrooms (VE) 17Kcal / bacon 120Kcal / pepperoni 258Kcal

/ peppers (VE) 20Kcal / onions (VE) 2Kcal

### **DESSERTS £6.75**

Please ask for today's menu

### CHAMPAGNE & HOMEGROWN

### **CHAMPAGNE DE SAINT GALL** PREMIER CRU BRUT NV.

(12.5%) Champagne, France

£60.00

Lightly elegant Champagne, perfumed with pear and fresh bread, condensing into gingerbread and fresh fruit on the tongue.

### CLASSIC CUVÉE **RATHFINNY ESTATE**

(12%) Sussex, UK

£54.00

A supple, quaffable full of red fruit, citrus and almonds.

### ROSÉ BRUT VINTAGE. **RATHFINNY ESTATE**

(12%) Sussex, UK

£64.00

Pink fizz with ripe redcurrants, cherries, wild strawberries and plums.

### SPARKLING

#### PROSECCO FAMIGLIA BOTTER

(11%) Veneto, Italy (VEGAN)

£35.00

An aromatic nose of wild apple with hints of honey and floral notes. Light bodied and well balanced, this is a perfect apertif.

### PROSECCO ROSÉ **FAMIGLIA BOTTER**

(11%) Veneto, Italy (VEGAN)

£36.00

Delicate but complex nose of red fruit and citrus. There are fine bubbles on the palate and fruity notes of white peach, green apple and lemon.



### ORGANIC

#### WHITE

### **DEGA LINE PECORINO ORGANIC**

(12.5%) Italy

Floral notes with scents of lemon zest, pear and freshly cut grass. Fresh and savoury on the palate with a slight buttery note.

### MALBEC, LA PIEDRA NEGRA

(14%) Mendoza, Argentina (VEGAN)

£29.50

Aromas of summer red fruits dominate with slight touches of black pepper. Concentrated on the palate with red fruits aiving volume.

### ROSÉ

### **BOBAL, MIRADA**

(13%) Castilla la Mancha, Spain (VEGAN) £29 50

Scents of wild strawberry, white peach and citrus. The palate is dry, fresh and well rounded.

### RED

125ml 175ml 250ml Btl

### VINA PALOMERAS TINTO

(14%) Spain

£5.50

£6.25

£8.25 £23.50

A brilliant red-garnet colour with clean and intense aromas of ripe cherry fruit develop into a fresh palate of berry fruit with a delicate hint of vanilla.

#### MERLOT, PRIMI SOLI

(12%) Veneto, Italy

£5 75 £6.50

£8 50

£24.75

Luscious blackberries combine with damson to give an overwhelming abundance of fruit content.

### CABERNET SAUVIGNON, LA COLOMBE

(12.5%) Languedoc, France (VEGAN)

£6.00 £6.75

£8.75 £25.50

The nose is dominated by black fruits and spicy notes. On the palate, there are abundant flavours of elderberry, bramble and sweet spice. Soft, round tannins provide a silky finish.

### **BALAURI PINOT NOIR**

(12.5%) Romania

£6.25 £7.00

£9.25 £27.00

Dark, rich, and potent, with layers of complex black cherry, raspberry and cinnamon. Deep, with pretty fruit cake and spicy aromatics.

### MONTEPULCIANO D'ABRRUZO DEGA

f27.75

Ruby red in colour. Cherry, blueberry, blackcurrant and plum on the nose as well as some floral notes of rose and violet. On the palate it is dry and refreshing with soft tannins.

### CRIANZA RIOJA, VIÑA CERRADA

(14%) Rioja, Spain (VEGAN)

£28.75

Aromas of ripe black fruit and a hint of sweet spice. The palate is well structured with a velvety mouth feel and great balance between juicy fruit flavours and creamy vanilla oak.

### WHITE

### VINA PALOMERAS BLANCO

(12%) Spain

£5.50 £6.25

f8 25 f23 50

Note of elderflower and nectarine. Soft and rounded on the palate but still with a refreshing acidity.

### PINOT GRIGIO, FARFALLA

(12%) Arcole, Italy

f5 75

£6.50 £8.50 £24.50

Clean, simple, fresh apple and pear flavours. Easy drinking.

### CHARDONNAY, CENTRAL MONTE

(13%) Central Valley. Chile

£6.00

£6.75

Wonderful aromas of citrus fruit and peach that transfer to a mouth-watering apple and honey.

### SAUVIGNON BLANC, LOUIS ESCHENAUER

(12%) Pays D'oc, France

£6.25 £7.00

f9.25 f26.50

Pale yellow with green highlights and a clean expressive nose of tropical fruit, crisp and refreshing.

### CHENIN BLANC, INKOSI

(12.5%) Western Cape, South Africa

£27.00

Off-dry, bursting with citrus and pineapple aromas, well balanced and refreshing clean finish.

### AKARANA SAUVIGNON BLANC

(12.5%) New Zealand

£29.50

Intense tropical fruit and passionfruit aromas. An appealing full flavoured style with length and crispness on the finish..

### ROSÉ

### PINOT GRIGIO ROSE BELLO TRAMONTO

(10.5%) Italy

£5.50 £6.25

Elegant and fragrant Pinot Grigio Blush, delicately aromatic and deliciously crisp on the palate.

### CINSAULT ROSÉ, LOUIS ESCHENAUER

(12%) Languedoc, France

£27 00

Bright with an expressive nose of red berries and strawberries with a round and lively palate of summer fruits and striking persistence.