

Welcome, we have a great selection of tasty breakfasts for you to choose from. Whether you choose to savour a light bite with a coffee, or tuck in to something more substantial - we look forward to serving you today...

### FULL ENGLISH BREAKFAST\* 1300Kcal £13.00

Two rashers of back bacon, Cumberland sausages, hash brown, grilled tomato, two fried eggs, flat mushroom, baked beans & toast

### VEGETARIAN BREAKFAST\* (V) 908Kcal £11.50

Vegan sausages, grilled tomato, hash brown, two fried eggs, flat mushroom, crushed avocado, baked beans & toast

### VEGAN BREAKFAST\* (VE) 738Kcal £11.50

Vegan sausages, grilled tomato, hash brown, flat mushroom, crushed avocado, baked beans with a slice of ciabatta

### SMALL BREAKFAST\* 726Kcal £9.75

Cumberland sausage, bacon, baked beans, fried egg, flat mushroom & toast

### EGGS BENEDICT\* 574Kcal £9.25

Toasted muffin, British honey roast ham, poached eggs & Hollandaise sauce

## We pride ourselves in only serving free-range eggs in our dishes

# £9.25 in our dishes

# CRUSHED AVOCADO & POACHED EGGS\* (V) 579Kcal £9.50

Poached eggs set on crushed avocado & red onion, served on toasted ciabatta

### WITH EVERY COOKED BREAKFAST PURCHASED:

\*ADD A GLASS OF EAGER FRESH JUICE 81Kcal FOR £2.50
(Variety of flavours available)

\*ADD A REGULAR HOT DRINK FOR £2.50

### **BREAKFAST EXTRAS**

ADD ONE OR MORE OF THE FOLLOWING TO YOUR COOKED BREAKFAST...

£2.05	£1.	05
EZ.U3	EI.	U3

Cumberland sausage 236Kcal
Back bacon 119Kcal
Crushed avocado 85Kcal
Eggs (scrambled 86Kcal, poached 86Kcal, or fried 106Kcal)

Flat mushroom 10Kcal

All our dishes may contain traces of nuts and other allergens. Please advise your server if you have any allergies. Full written allergy and intolerance information is available. Adults need around 2000Kcal a day (V) Vegetarian (VE) Vegan (GF) Gluten Free

Spinach 8Kcal

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#### **SANDWICH £6.25**

With bacon 456Kcal or Cumberland sausage 690Kcal or Vegan sausage 450Kcal



### **FLOURED BAP £6.25**

With bacon 509Kcal or Cumberland sausage 743Kcal or Vegan sausage 503Kcal

**UPGRADE TO CIABATTA BREAD 332Kcal FOR £1.75** 

### **TOAST £5.50**

WITH YOUR CHOICE OF ANY ONE OF THE FOLLOWING

Baked beans 329Kcal / Flat mushrooms 227Kcal

/ Crushed avocado 326Kcal / Cheddar cheese 399Kcal

/ Scrambled egg 390Kcal / Fried egg 440Kcal

/ Poached egg 390Kcal / British honey roast ham 252Kcal

TOAST WITH JAM (V) 317Kcal £3.00

TOASTED TEA CAKE (V) 409Kcal £3.15

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THE CAFÉ	REGULAR	LARGE	
Americano	<b>£2.85</b> 5Kcal	<b>£3.15</b> 10 Kcal	
Cappuccino	<b>£3.25</b> 109Kcal	<b>£3.65</b> 154Kcal	
Café Latte	<b>£3.25</b> 109Kcal	<b>£3.65</b> 154Kcal	
Macchiato	<b>£3.25</b> 109Kcal	<b>£3.65</b> 154Kcal	
Espresso	<b>£2.70</b> 5Kcal	<b>£2.90</b> 10 Kcal	
Hot Chocolate	<b>£3.25</b> 268Kcal	<b>£3.75</b> 308Kcal	
English Breakfast Tea	<b>£2.70</b> OKcal	<b>£3.25</b> OKcal	
Herbal Tea	<b>£3.10</b> OKcal	<b>£3.40</b> OKcal	
(Earl Grey, Camomile, Peppermint, Green tea, Red bush, Jasmine, Lemongrass & ginger)			

ADD A TOASTED TEA CAKE (V) 409Kcal
TO YOUR HOT DRINK FOR JUST £2.50